

Hub & Spoke System Grantee Profile: Aegis Treatment Centers (Redding)



The California Hub & Spoke System (CA H&SS) is a component of the California Medication Assisted Treatment (MAT) Expansion Project, and is being implemented as a way to improve, expand, and increase access to MAT services across the state. Each CA H&SS consists of a "Hub" that serves as the addiction center of expertise, and multiple "Spokes" that act as clinical service providers.

About:

Aegis Treatment Centers is a state and federally licensed Narcotic Treatment Program (NTP) offering MAT in combination with evidence-based behavioral therapy to give our patients the skills and confidence to lead a drug-free life. The Redding Aegis Treatment Center was the first medication unit in California. The facility offers medication and urinalysis testing. Patients then travel once per week or one every two weeks to the full NTP in Chico for individual and group counseling, case management, crisis intervention, and physician services. Aegis is currently working on converting the medication unit to a full clinic to be open by the end of 2018. Aegis serves over 10,000 patients in California with 31 clinical and 2 medication units to improve access in rural areas. 80% of Aegis patients are illicit opiate free after 90 days in treatment.

Spokes:

- Dignity Health (multiple sites)
912 Pine St., Mt. Shasta, CA 96067
16337 Everhart Dr., Weed, CA 96094
- Dr. Mike Staszal - 822 Pine St., Mt. Shasta, CA 96067
- Fairchild Medical Center - 444 Bruce Street, Yreka, CA 96097
- Groups: Recover Together - 367 Hartnell Ave., Redding, CA 96002
- Hill Country Health & Wellness Center (multiple sites)
29632 Hwy 299 East, Round Mountain, CA 96084
317 Lake Blvd., Redding, CA 96003
- Mountain Valleys Health Center (multiple sites)
37497 Enterprise Dr., Burney, CA 96013
43563 CA-299, Fall River Mills, CA 96028
- Shasta Community Health Center - 1035 Placer Street, Redding, CA 96001



AT THIS HUB & SPOKE SYSTEM:

✓ Treatment Available for H&SS Patients:

- Individual & Group Counseling
- Case Management
- Medical, Social Work, and Mental Health Services
- Peer Mentoring
- Assessment
- HIV and HCV Testing

✓ Medication Available for H&SS Patients:

- Methadone treatment
- Buprenorphine inductions
- Buprenorphine/Naloxone treatment
- Vivitrol

✓ Counties Served: Shasta, Siskiyou

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Aegis Treatment Centers (Redding)

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Hub Website:

<https://aegistreatmentcenters.com/clinic/aegis-redding/>



INNOVATIONS

Increasing Access to MAT in Rural Counties. Aegis Treatment Centers is increasing access to MAT in the rural counties of Shasta and Siskiyou where overdose rates are among the highest in the state.

Community Outreach. Aegis Treatment Centers' community outreach efforts include hosting Hub Open House Events that are open to the public to promote stigma reduction and introduce treatment to the rural communities. Outreach includes promoting activities through local media outlets that are determined to be the best channels for reaching the target population. Examples include specific newspapers, free papers, radio stations, movie theaters (pre-show slides), and free public access TV channels. Community advertisement will be utilized to engage and inform communities of opioid epidemic and services available in their community. Aegis Treatment Centers actively supports and participates in local Opioid Coalitions such as; Siskiyou Against Rx Addiction (SARA) Coalition and Trinity Opioid Safety Coalition (TOSC).

Social Media. Social media activities include an official Facebook page for each Hub. Spokes are provided financial support to provide relevant CA H&SS information to their communities through their websites. Coalitions are encouraged to update and include relevant information regarding the CA H&SS in their communities.

Electronic Medical Records (EMR) System (PHASE). Aegis is building upon its PHASE EMR system and is in the initial stages of developing a mobile app (Aegis-Connect) that will assist in better connecting patients with clinical and medical staff. The mobile app is expected to additionally improve communications between providers and patients in remote Hub or Spoke locations. The AegisConnect patient application is expected to provide patients with the following capabilities:

- Join a video counseling session with caseload manager or medical provider
- Patient registration and authentication, upcoming appointments, lab history
- Send messages to caseload manager
- Journal and provide daily reports on withdrawal symptoms and indicators
- Send SOS alerts, which trigger immediate callbacks from support staff
- Low-bandwidth mode for those in areas where mobile data connections are not fully feasible, including SMS based check-ins and reminders, as well as counseling via telephone

RESOURCES

bit.ly/MATexpansion

FOR MORE INFO AND/OR TO BECOME A PRESCRIBER

www.uclaisap.org/ca-hubandspoke/

TO PARTICIPATE IN TRAININGS

CALIFORNIA MEDICATION ASSISTED TREATMENT EXPANSION



Addressing the national opioid crisis.