

Addiction is a disease. Treatment works. Recovery is possible.

If you struggle with opioids (like pain pills or heroin) or alcohol, medication assisted treatment (MAT) can help.



Addiction is a chronic disease like diabetes or heart disease.

It does not have a cure and people must manage their symptoms. Medications and therapy can help.

What if I struggle with other drugs, like methamphetamine?

There are only MAT options available for alcohol and opioids. However, there are services and treatments available for people who struggle with other drugs.

If you are worried about returning to drugs once you leave, get help right away. There are many ways to get treatment:

Check www.ChooseMAT.org to find a provider in your area.

Call your county's substance use hotline to get a screening and an appointment with a provider. A list of county hotlines is available at bit.ly/AccessLines.

Many emergency rooms, clinics, and doctor's offices offer addiction treatment or can connect you to treatment. If you are in withdrawal and need immediate help, you can go to your local emergency room.